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## SCHOOLD

### FRIDAY

6:00pm .....Registration

6:30pm ..... SendMeNow Missions Reunion—Café

7:30pm......GATHERING for Worship (doors open at 7:15pm)

10:00рм ...Face2Face, Part 1

11:30pm.....Church Building Closes

### **SATURDAY**

8:30am.....Church Building Opens

DWELL Experience 1 - Time of Solitude

9:30<sub>AM</sub>.....DWELL Experience 2 - Prayer Experience — Worship Center

11:00 AM .... GATHERING for Worship (doors open at 10:45 AM)

12:00 рм....Lunch

1:30pm ......DWELL Experience 3 - Breakout Sessions

3:30pm.....DWELL Experience 4 - Play Time

6:00pm .....Leadership Dinners - Pick up dinner and head to meeting:

Presidents—Main Building, Room 267-269

Discipleship—Main Building, Room 242-244

Missions-Main Building, Room 263-265

International Student Ministry—Main Building, Room 245-247

Worship Leaders/Teams—Main Building, Room 233 - Music Suite

Evangelism—Main Building, Room, Room 254-255

6:30рм .....Dinner for All

8:00pm......GATHERING for Worship (doors open at 7:45pm)

10:00pm ...Face2Face, Part 2

11:30pm.....Church Building Closes

### **SUNDAY**

10:00<sub>AM...</sub>Breakfast - Café

11AM ......GATHERING for Worship

Parking: We will be worshipping with Eagles Landing FBC; please park in the back of the lot away from the building to accommodate church members.

### PROGRAM PERSONALINES



**DR. JJ WASHINGTON**EVANGELISM CATALYST
Georgia Baptist Mission Board

MATT PEEK
SENIOR PASTOR
First Baptist Church | Moultrie, GA



DR. TIM DOWDY
LEAD STRATEGIST - PASTOR WELLNESS
Georgia Baptist Mission Board

TREA BRINSON
LEAD PASTOR
Eagle's Landing First Baptist Church





AUSTIN FRENCH CONTEMPORARY CHRISTIAN MUSIC ARTIST

# Notes Friday PM Sathering Speaker: Matt Peek

## Notes Saturday AM Sathering Speaker: Dr. Tim Dowdy

### Three Ingredients for a Healthy Soul!

Psalm 23 (ESV) - A Psalm of David.

<sup>1</sup> The Lord is my shepherd; I shall not want. <sup>2</sup> He makes me lie down in green pastures. He leads me beside still waters. <sup>3</sup> He restores my soul.

There is nothing more important in life than a healthy soul

and we know that a healthy soul is only possible through an , ongoing relationship with Jesus Christ. THREE INGREDIENTS FOR A HEALTHY SOUL! 1. **Pace** 2. **Diet** 3. **Rest 10 SIGNS OF AN EMPTY SOUL** \_\_\_\_\_ matters stress you out. 3. \_\_\_\_\_ hides in the \_\_\_\_\_ of each thought and emotion. 4. You may seem \_\_\_\_\_ of emotion or feeling. 5. You sense some measure of even in the "good times". 6. You can't seem to get a \_\_\_\_\_ on your purpose in life. 7. You find it \_\_\_\_\_\_ to not give in to \_\_\_\_\_, you hope they will provide relief from the stresses of life. 8. You are \_\_\_\_\_ ... \_\_\_ of the time. 9. You have a never-ending battle with \_\_\_\_\_, and \_\_\_\_\_. is your constant unwelcome 10. companion.

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PACE
The pace of your soul is always more important than the pace of your life, however sometimes it is the pace of your life that
the pace of your soul.
Settle in for a steady pace!
1 refuse the temptation to rush.
2. Pay attention to the of your own life - we often pay attention more to what others are doing than what is going on in us.
3. Find a good, healthy in life.
Be aware of those things that result in
Focus on the things to make the easy thing work for you. (Running - focus on breathing out well)
Good help build healthy rhythms.
4. Check your – external and internal.
5 through the tough times when your "Don't want to" is stronger than your "Need to".
6. Set goals.
7. Celebrate
<b>DIET</b> Your quality and quantity of will determine your capacity for output.
There are three critical to a healthy spiritua

diet - prayer, Bible study, and serving.

1. <b>Prayer</b> - talk to God. Get alone and pray out		
2. <b>Bible Study</b> - time to _ "He restores my soul"	to God's voice. Psalm 23:3	
3. <b>Serve</b> contract your soul. John 4	out what you are called to do is food fo	
REST - BEST PRACT	TICES	
1. Be	and consistent. (Daily/weekly)	
2. Be		
3. Have a regular	appointment.	
4. Get	<u> </u>	
5. Move.		
6short periods of time.	from media resources for	
7. Chase away	with prayer.	
8. It is always good to	before you have to.	

# Notes Saturday PM Gathering Speaker: Trea Brinson

# Notes Sunday AM Gathering Speaker: Dr. JJ Washington

## Dwell Experience

### Time of Solitude · Saturday AM

#### **PURPOSE:**

Solitude is a spiritual discipline that allows a believer to be silent before the Lord. We want to provide this time so that students will be intentional to stop and be with the Lord.

#### **INSTRUCTIONS:**

Your campus minister will instruct you as to the starting time; we are asking you to spend 45 minutes in a time of solitude:

- Find a place where you are comfortable spending time with God.
- For first 15 minutes no Bible, phone, journal, etc. Just sit and observe your surroundings. Do not write, read or do anything else. Just observe!
- For the next 30 minutes, spend time reading, writing, journaling, drawing, etc. Spend meditative time with the Lord however it fits your gifts and learning style.

### Dwell Experience

### Breakout Sessions · Saturday @ 1:30 & 2:30pm

This will be a time of equipping with practical methods on how to "dwell."

Two Session Times: 1:30pm and 2:30pm

### **Dwelling in Everyday Life** | *Worship Center*

- Develop healthy rhythms of dwelling with God in everyday life.
- Led by Penny & Jeff Kolm, Collegiate LifeGroup Leaders at FLFBC

#### Dwelling in the Word | The Link

- Develop a Christ-centered approach to dwelling in God's word each day.
- Led by Jesse Welliver Adult Life Groups Pastor, ELFBC

### Dwelling in Prayer | Life Center, Room 106

- Develop healthy habits of personal and corporate prayer.
- Led by Marty Youngblood Campus Minister, Armstrong -Georgia Southern

### Dwelling on the Sabbath | The Chapel

- Practical implications of a sabbath on everyday life.
- Led by Zach Welliver Young Adults Pastor, ELFBC

### Dwelling in Community | Main Building, Room 233, Music Suite

- Understand how your personal "dwelling" impacts your "dwelling" in community which then leads to proclamation of Jesus.
- Led by Tarvoris "Tee" Uzoigwe Associate Pastor, First Baptist Church Jonesboro

Called to Ministry? Interested in a Seminary education? Ask the experts! Gain insight from some of our seminary representatives and get answers to your questions.

Life Center, Room 119

Led by Seminary Representatives

### Living a Life On Mission — How to leverage who you are for His Glory | Life Center, Room 107

#### [[ 1:30pm Session Only ]]

- Let's talk about how to take everything that makes you who you are and see how it intersects God's mission in North America. Church planting and Gospel focused mercy and compassion aren't just for the vocational missionaries, they are for you as well. Let's talk about how GenSend can help you discover your place on mission whether it is on your campus or across the globe.
- Led by Steve Turner, NAMB GenSend

### What's Keeping Me from Going? | Life Center, Room 107 [[ 2:30pm Session Only ]]

- What's keeping Me from going? Anxiety, finances, family, and friends are some of the things that keep students from going on missions. Let's talk about how to overcome these and figure out your missional place in the Kingdom of God.
- Led by Sarah Farley, IMB Student Mobilization

## Dwell Experience

### Play Time · Saturday @ 3:30pm

This year we have some options for you to choose from to connect with other students from across Georgia.

#### **RECREATION OPTIONS:**

Teams can be made up from schools or pick up players that show up at fields. **These are not tournament play...Just for fun.** 

#### **Ultimate Frisbee (min. 7)**

Located on the Football Field (10 on map)

#### Kickball (min. 9)

Located on the Youth Practice Field (11 on map)

#### Sand Volleyball (6v6)

Located on the Sand Volleyball Court (14 on map)

#### Basketball (3v3)

Located in the Gym (3 on map)

#### **Yard Games**

- Corn-hole and others yard games
- Located in the back area out back. (4 on map)

### **Homework Alley**

- Yes, we have a place for you this year to get away and hit the books for a couple of hours.
- Located in the Café (3 on map)

#### **Game Central**

- Grab a friend or a few friends to watch/play board games as you just hang out with each other.
- Located in the Chapel (3 on map)

### FACE2FACE

### **Meeting Locations**

ABAC	Main Building 254-255
Albany State/Georgia Southwestern	Main Building 607-609
Augusta University	Main Building 257
Bainbridge College	Main Building 608
Berry College	Main Building 617
Brewton Parker	Main Building 614
Clayton State	Main Building 604
Columbus State/ Lagrange	Main Building 208
Georgia College	Main Building 263-265
Georgia Southern—Armstrong	Main Building 611-612
Georgia Southern/East Ga	Life Center 106
Georgia State/Georgia Gwinnett	Main Building 267-269
Georgia Tech	FBC Stockbridge
Gordon State/FBC Barnesville	Main Building 245-247
Kennesaw State	FBC Jonesboro
Mercer	Main Building 248
Middle Georgia	Main building 204
Shorter/Dalton	Main Building 206
University of Georgia/UNG Oconee	Chapel
UNG Dahlonega and Gainesville	Life Center 107
University of West GA	Life Center 119
Valdosta/South Georgia	Main Building 242-244

## Campus Overview



### **PARKING**

P1 GUEST / HANDICAP

P2 / P3 / P4 GENERAL PARKING

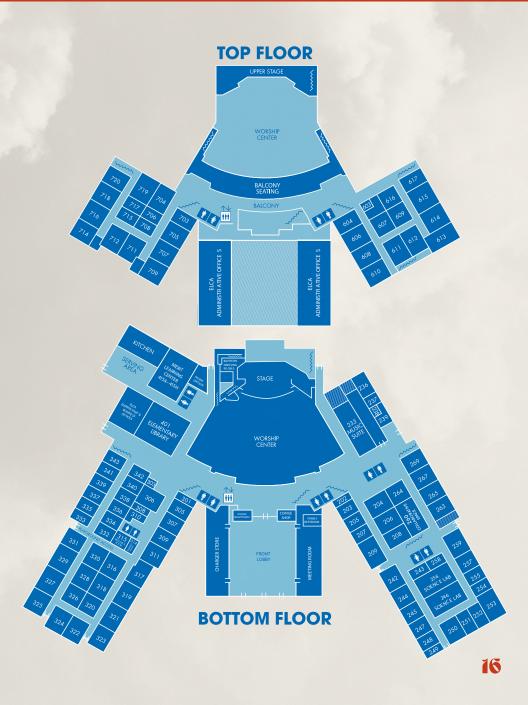
P5 STADIUM PARKING

P6 FIELD HOUSE PARKING

P7 SOFTBALL FIELD HANDICAP

P8 GRAVEL LOT

## Main Building

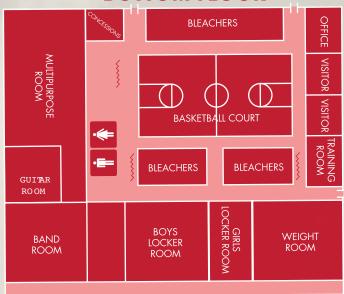


### Activities Center

### **TOP FLOOR**

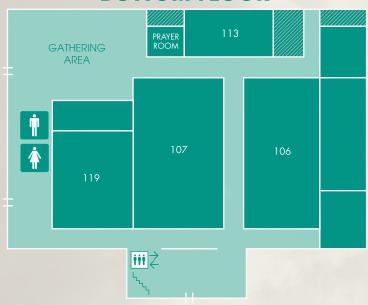


### **BOTTOM FLOOR**



### Life Center

### **BOTTOM FLOOR**



### This Book Belongs To

MAMD

**CAMPUS** 









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